

Patient Information

Budesonide

Your TRUE TEST[®] indicates that you have a contact allergy to budesonide.

Budesonide and some related compounds in contact with your skin may result in dermatitis.

Budesonide is a potent corticosteroid used systematically in various diseases here among allergy.

Where is Budesonide found?

Budesonide related corticosteroids are anti-inflammatory agents that may be found in medications prescribed topically for eczema and other local inflammations. They may be found in creams, lotions, ointments, and powders. They may also be found in ear, nose and eye drops for rhinitis, otitis, and conjunctivitis. Budesonide may also be found as inhalation drug, tablets and injectables for rhinitis, asthma, and other allergic lung diseases. It may be present in rectal preparations to treat inflammatory bowel diseases.

How to avoid Budesonide

Avoid preparations that contain budesonide and cross-reacting corticosteroids. Such preparations are ingredient labeled. If you are strongly allergic a small amount of budesonide in contact with your skin will cause an eczematous reaction, usually within 24 hours, that can last for more than a week. If you are weakly allergic the anti-inflammatory effect of budesonide may mask the eczema and your skin will not heal.

Budesonide and related corticosteroids found in nasal sprays, for inhalation, in tablets or for injection may cause a flare up of your eczema.

Inform your healthcare providers that you are allergic to budesonide and ask that they use products that are free of this allergen.

Other substances to which you may react

Avoid medicaments such as:

- Amcinonide
- Desonide
- Flucloronide
- Flunisolide
- Fluocinolone acetonide
- Fluocinonide
- Halcinonide
- Procinonide
- Triamcinolone
- Triamcinolone acetonide
- Triamcinolone diacetate

Budesonide allergic individuals may also react to corticosteroids such as:

- Hydrocortisone-17-butyrate
- Hydrocortisone-17-aceponate
- Hydrocortisone-17-buteprate
- Methylprednisolone aceponate
- Prednicarbate

The lists may not be complete.

When purchasing products which may come in contact with your skin, check the list of ingredients for any of the names listed above. If in doubt contact your pharmacist or physician.

This information does not substitute the information given by your health care providers and can only be seen as a supplement.