

## **Patient Information**

### **Bronopol**

#### **Your TRUE TEST<sup>®</sup> indicates that you have a contact allergy to bronopol.**

Bronopol in contact with your skin may result in dermatitis. Brief or occasional contact may not pose a problem.

Bronopol is a preservative with an exceptional activity against bacteria.

#### **Where is Bronopol found?**

Bronopol is found in cosmetics, shampoos and skin care products. Examples of cosmetic products and toiletries are lotions, creams, moisturizers, emollients, foundations, and sunscreens. It is also found in liquid soaps, hair conditioners, gels, bubble baths, baby wipes, and topical medicines. Other sources of exposure include detergents, dishwashing liquids, and cleaning agents.

#### **How to avoid Bronopol**

Avoid cosmetics and other personal care products labeled with Bronopol or its synonyms, particularly in stay-on products. Rinse-off products should involve less risk. It is important to use only ingredient-labeled cosmetics and other skin care products that do not list Bronopol or any of its synonyms on the label. Products that were once tolerated may cause reactions due to change of formulation involving a different preservative. Therefore each new purchase must be checked.

Inform your healthcare providers that you are allergic to Bronopol and ask that they use products that are free of this allergen.

If you suspect that you are being exposed to this allergen at work, consult your employer regarding Material Safety Data Sheets.



## **Synonyms/Components of Bronopol**

- 2-Bromo-2-nitropropane-1,3-diol (INCI Name)

## **Other substances to which you may react**

Some patients sensitive to Bronopol are sensitive to formaldehyde and react to formaldehyde and formaldehyde releasing preservatives such as

- Diazolidinyl urea
- Imidazolidinyl urea
- Benzylhemiformal
- Quarternium-15
- DMDM Hydantoin
- Trimethylolnitromethan

*The lists may not be complete.*

When purchasing products which may come in contact with your skin, check the list of ingredients for any of the names listed above. If in doubt contact your pharmacist or physician.

*This information does not substitute the information given by your healthcare providers and can only be seen as a supplement.*